



CIAO ITALY

youth exchange in Brescia

dal 16 al 23 ottobre 2022

Infopack for participants

Co-funded by the
Erasmus+ Programme
of the European Union



Up to 32 participants from 4 Countries



6-7 participants
+ 1 youth leader



6-7 participants
+ 1 youth leader



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Welcome to Ciao Italy!

Dear Participants,
Read this guide to find out

- What the youth exchange is about?
- Where we're gonna stay and how to get there?
- Safety information




If you have
questions after
reading this
info-pack, please
contact your local
coordinator

What is the youth exchange about?

Ciao Italy will combine **workshops** and **fun** in a dynamic and stimulating environment. **Non-formal education** and **peer education** will be the methods with which the various sessions will be addressed.

3 main topics:

 **Culture and Diversity**

 **Youth Employability and Careers Opportunities**

 **Mental Health**

DISSEMINATION AGREEMENT:

For the proper dissemination of the project, please consider that coming to the activity you accept to disseminate the project and activities via your social networks and that we can disseminate pictures/videos of the activity and the participants on the internet.

Where is the location of the YE?

Salò (Brescia)



Plan your travel so that arrival would be on 16.10 and departure on 24.10

More travel tips:

lpasini@ateliereuropeo.eu

europa@ateliereuropeo.eu

Laura Pasini/Chiara Usanza





How to get there?

We recommend arrival and departure to **Bergamo Airport**. From there the best option is to book a GoOpti (<https://www.goopti.com/en/>) till Salò. Otherwise you have to arrive in Brescia station by bus or train and then catch a bus to Salò.

Useful links:

 **Train** <https://www.trenitalia.com/en.html>

 **Bus** <https://brescia.arriva.it/en/>



Other airports:

- MILANO LINATE
- MILANO MALPENSA
- VERONA CATULLO

Accomodation

Participants will be hosted at Lake Garda Hostel (<https://www.lakegardahostel.com/>).

Rooms of 3/4/5 people with private bathroom.

Bedsheets and towels will be given to you. However, we suggest you to bring your own bathrobe or a big towel.

Breakfast is served in the accommodation. Lunches and dinners are provided by the local elderly home and will be served at the hostel.

Remember to bring with your own **water bottle** as well!



[HERE](#) you can find a video of Salò.




Fill the form before 1.10.2022:

→ <https://forms.gle/ijnVAuw4fiP3V3sK9>

Thank you!

We're looking forward to meeting you!!



All participants should have a valid travel insurance for the duration of the Youth Exchange.

If you are eligible for a European Health Insurance Card, make sure you bring it with you