



Erasmus+, Mobility of young people
21-30 March 2022 - Eindhoven, Netherlands



OUR FOUNDATION, WHICH WAS ESTABLISHED IN 2000 IN EINDHOVEN, NETHERLANDS, WITH THE AWARENESS THAT EDUCATION IS A FUNDAMENTAL RIGHT FOR EVERYONE; SEES DIFFERENT APPROACHES AND PRACTICES IN EDUCATION, CULTURE AND ACCESS AT ALL LEVELS WITHIN IT'S FIELD OF STUDY. OUR FOUNDATION MEANS "STICHTINGBIJ DE TIJD LEREN" IN DUTCH AND "CONTEMPORARY LEARNING FOUNDATION" IN ENGLISH ([HTTP://WWW.BDT-EGITIM.EU/HOME/ABOUT](http://www.bdt-egitim.eu/home/about))



Among the Foundation's Priorities;

- Development of a proactive learning environment across Europe
- Application of the Participatory Training method at all ages
- Disseminating student / school / parent cooperation
- Disseminating student / school / industry cooperation
- Development of self-sufficiency concept
- Support for cultural, artistic and sports activities
- Disseminating the "Art and" Health "work in vocational health education
- Support for Erasmus + student exchanges and internship activities
- Erasmus + course activities for adults
- Digitalization and distance education

**(C)ultural (I)ntegration
(A)ctivates the (R)eunion of
(Y)outh**

Erasmus+ Youth Exchange Project
21-30 March 2022


2021-1-NL02-KA152-YOU-000007086



This project has been funded with the support from the European Union. This publication reflects the views only of the author, and the Commission or Türkiye Ulusal Ajansı – National Agency of Erasmus+ in Turkey cannot be held responsible for any use which may be made of the information contained herein.

Partner Organizations



SLOVAKIA

VIBE NGO



TURKEY

AVRASYA GENCLIK
GELISIM DERNEGI



ITALY

ORIEL



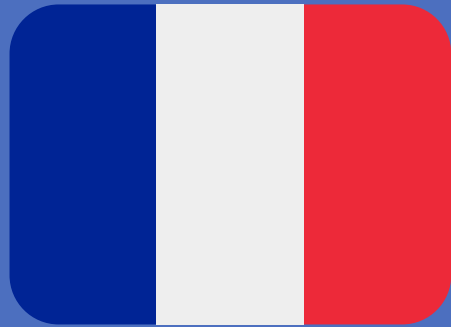
LITHUANIA

Vsl "uMunthu"



HUNGARY

Hidak Ifjúsági Alapítvány



FRANCE

Association of France
Culture Connection

WELCOME!!!

You are one of the 48 lucky participants who will participate in the Erasmus+ Youth Exchange
“(CUL)tural (IN)tegration (A)ctivates the (R)eunion of (Y)outh - CULINARY” that will take place in
Eindhoven, Netherlands between 21st - 30th March 2022. We want you to have a great experience and
we prepared this infopack with all the practicalities you need to know and a bit about the project itself.
We look forward to meeting you all there!

Note: 21st March 2022 and 30th March 2022 are travel days.

Participants can spend 2 days before and after the mobility by their own





YOUTH EXCHANGE OVERVIEW

Project name	(CUL)tural (IN)tegration (A)ctivates the (R)eunion of(Y)outh
Acronym	CULINARY
Type of project	KA152-YOU- Mobility of young people
Topic	Bridging intercultural, intergenerational and social divide through culinary culture
Dates of main activities	22-29 March 2022
Arrival day	21 March 2022
Departure day	30 March 2022
Mobility venue	Bergeijk, Hof - Eindhoven, Netherlands
Participant numbers	48
Age range for participants	18-25 preferably, up to 30 is allowed.
Age range for group leaders	18+, no upper limit
Participating countries	Netherlands, Turkey, Slovakia, Hungary, Italy, Lithuania, France

What is "CULINARY" Erasmus+ Project About?



CULINARY project aims to foster **social inclusion** of marginal groups, **reduce stereotypes and discrimination** through **culinary culture** by promoting European values. From this point of view **CULINARY** youth exchange project is tackling culinary culture to meet the needs of social inclusion, **cultural dialogue** and **tolerance in EU**. We want to **empower, engage and connect** young people for solidarity to stand against increasingly discriminatory social conflicts in Europe after COVID-19.

GENERAL FLOW of TIMETABLE

- 09:00 - 09:45..... Breakfast
- 10:00 - 11: 30.....Workshop / Activity
- 11:30 - 12:00.....Coffee Break
- 12:00 - 13:30.....Workshop / Activity
- 13:30 - 14:30.....Lunch
- 14:30 - 15:30.....Free-time
- 15:30 - 16:30.....Workshop / Activity
- 16:30 - 17:00.....Coffee Break
- 17:00 - 18:30.....Workshop / Activity
- 18:30 - 19:00.....Reflection & Leaders Meeting
- 21:00 - 22:00.....Intercultural nights & Social Events



Participant Profile

- **Equal number of genders among the participants must be kept.**
- **Having motivation in sharing project results outside and organize workshop in home country after the mobility**
- **Motivated to participate proactively at all stages of the project**
- **Interested in project topic**
- **Consent in participation to the Zoom meetings (20 days prior to mobility - 30 days after the mobility)**
- **Newcomers in Erasmus+ world**
- **Preferably between 18-25 years old, allowed up to 30.**
- **Participants with fewer opportunities as it is indicated at partnership agreement**

CONTENT OF ACTIVITIES

Name games	Photographing, photo-caps through culinary
Ice breaking activities	Video-edit & film-making through culinary
Erasmus+ session	PR work in social media via outcomes
Exploring the meaning of multiculturalism	Design and creation of Web-recipes
Role play activities: social inclusion	Digital youth work
World cuisine that connects us	Future collaborations & NGO fairs
Cultural culinary introductions	Planning follow-up activities
Country cuisine workshops	Youthpass session
City game: hunting recipes	Evaluation activities
Creating new recipes for social inclusion	Reflection activities
Cooking workshops	cultural events



To do list & Requirements

- to **prepare and present recipes** from country cuisine cultures
- preparation of **national cuisine workshop**
- Preparation of the **cultural night** of your country (foods, drinks, games, dances)
- To bring own towels, slippers, personal hygiene items, warm clothes, raincoat
- filling the **online participant form** shared by coordinator and to join **Facebook group**
- vaccinated people can enter Netherlands but all the participants **must have PCR test** for entrance to venue
- participation to the **Zoom meetings before and after the mobility**
- to present project results and organize **culinary workshop in home country** after the mobility
- to bring **1 laptop** per national group (preferably leaders)
- signing **learning agreement** with coordinator organisation



PROJECT VENUE



W'TJEWEL MINICAMPING
<https://www.wtjewel.nl/>

The project will be held in W'TJEWEL MINICAMPING, the **food** and **catering** will be served at the camping area. It offers training room, kitchen, accommodation at shared rooms and a **large garden** and **outdoor spaces** with different social activity options. **Strong alcohols above %15** and all kind of **drug** is **prohibited** in the venue and in Erasmus+ programme and cause for **disqualification from the program**. Sleeping rooms will be separated as male and female in shared dormitories. There are enough numbers of showers in common use. PCR negative test is needed to enter venue.

Video: https://www.youtube.com/channel/UC0xKk_OuYDpgozydvoXSS9Q

Location of venue: <https://goo.gl/maps/tXz4BrkJ7Cp7otMR6>

Stokkelen 43, 5521 ND Eersel, Holland



Travel Instructions?

The nearest airports are **Amsterdam and Rotterdam, airports**. However, airports in surrounding cities can also be used such as **Dusseldorf Koln, Dortmund and Brussel** if the price is advantaged, and those who arrives in this airports should arrive Eindhoven through bus or train (Flixbus etc).

For those who lands surrounding airports are expected to arrive in Eindhoven city center through train or bus as early as possible on 21st March 2022. In case if you arrive this airports, you should book your bus or train at least week before, the routes are pretty busy and can be fully-booked.

After arriving in **Eindhoven city center**,

- 1) Go to the **Eindhoven Centraal bus station** and take the **bus number 318** to the direction of **Luyksgestel via Valkenswaard**. You should get off at the "**Bergeijk, Hof**" station.
- 2) You can either go to the **Eindhoven, Witte Dame** and take the **bus number 18** to the direction of "**Bergeijk via Veldhoven MMC**". You should get off at the "**Bergeijk, Hof**" station.
- 3) Eiter you can take the **bus number 319** to the direction of **Reusel via Veldhoven MMC** and get off at "**Eersel, Busstation Eersel**"

Note: The participants should arrive in this stations as early as possible. They will be picked up with private car. It is needed to communicate with coordinators via Whatsapp.

- During the mobility all expenses such as **accommodation, catering, training** etc will be **free of charge**, %100 covered by programme. Outside of mobility dates participants are responsible from their own expenses
- Real cost of **travel** will be reimbursed up to Erasmus+ rules for each participant

TR up to 360€, IT up to 275€, LT up to 275€, HU up to 275€, SK up to 275€, FR up to 180€

- Participants who prefers **GREEN TRANSPORTATION** will have more travel budget and it is recommended by the Erasmus+ programme. (Green transport is available only for participants from France, Slovakia and Hungary)

France up to 210€, Hungary and Slovakia up to 320€

- **PCR test** costs will be fully covered additionally.

Not: All digital and physical **invoices, receipts, boarding passes, tickets** related to **travel and PCR test** must be kept and sent or brought to the coordinators in order to be reimbursed.

GREEN TRANSPORTATION is the new way of travelling promoted by **Erasmus+ in 2021**. To green travel, the first thing you can do is to **avoid domestic flights** in the first place. Participants will be supported more if they use fast-trains, buses, shared cars.

Note: The participants who chose **GREEN TRANSPORTATION** have **more travel budget** to use. The participants from Slovakia, Hungary and France has this option and it is strongly recommended.

More info: <https://esn.org/green-travel-perspective>

Emergency Numbers

112- THE EMERGENCY NUMBER FOR POLICE, FIRE, OR AMBULANCE

EMBASSY NUMBERS

TURKEY: +31 70 302 3100

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LITHUANIA: +31 70 385 5418

FRANCE: +31 70 312 5800

ITALY: +31 70 302 1030



Contact Info



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