



Erasmus+

Stay SAFE

2020-1-RO01-KA105-079036

Project financed by European Union through Erasmus+ programme, Mobility projects in youth field.



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Digital citizenship

# STAY SAFE

Cyber bullying & Online safety



[www.internationaleducenter.org](http://www.internationaleducenter.org)



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## About the project

### MAIN OBJECTIVE

- Stay SAFE will focus on the increase in the knowledge and awareness about the problem of cyber bullying among young people and youth workers from the partner countries.

### SPECIFIC OBJECTIVES:

- to improve the quality and relevance of youth work, knowledge and skills on cyber bullying related issues among 24 youth workers from 6 countries through their participation in a thematic and practical workshop
- to increase the knowledge and awareness about cyber bullying among 30 young people from the partner countries through direct involvement in learning by doing experiences

International Center for Education - Romania

ORIEL ETS- Italy

"InMotion Armenia" Youth NGO - Armenia

Proactive Group Georgia - Georgia

ImpACTIVE Youth Organization - Turkey

Tech-R Technology for Human Rights - Norway



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## ABOUT THE WORKSHOP

<b>PLACE AND DATE:</b>	Targu - Jiu, 09 - 14.08.2021 (activity days); 08 – 15.08.2021 (travel days included)
<b>PARTICIPANTS:</b>	24 Youth workers (4 youth workers from each partner country)
<b>LANGUAGE:</b>	The official language of the project is English

**AIM:** To improve the quality and relevance of youth work, knowledge and skills on cyber bullying related issues among 24 youth workers from 6 countries through their participation in a thematic and practical workshop

## SELECTION CRITERIA

- 4 youth workers/country working in the partner organizations at work or voluntary basis,
- Youth workers aged 18+ - Youth workers with experience in working with young people – motivation and interest in the topic assessed through the application form
- Proficiency in English communication, understanding and expression
- Commitment to ensure planned follow up and transfer of knowledge, skills, tools and strategies about cyber bullying within and outside their organizations.
- Gender balance

## ACTIVITIES

- **Kick off meeting** – Setting the ground - Mutual knowledge of the participants, E+ Informational Session/Youthpass presentation
- **Cyber bullying introduction** session which aims on one side to present the cyber bullying phenomenon in the partner countries through presentations made by the youth workers, identify gaps, and on the other side to discuss and understand the concepts, forms of bullying
- **Cyber bullying Roles?** - aims to identify and develop awareness on the roles of cyber bullying - Bystander/Bully/Victim/Up-stander.
- **Risks factors in cyber bullying - Case studies scenarios**
- **What's Your Digital Identity?** aimed at defining the concept of digital identity and presentation by the trainer about: digital attributes, digital activities, the importance of internet safety, privacy rules.



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- **Effects and impacts** - aims to develop participants knowledge and competences about identifying and recognizing effects and impacts through brainstorming and online expert talk
- **Interventions and Programs for Cyber bullying:** identification of key stakeholders/roles and responsibilities, steps for Community assessment in Cyber bullying intervention and prevention, round tables, create and design tools and methodologies to address cyber bullying

### LEARNING OUTCOMES

- Knowledge about cyber bullying, risks, forms, effects and the impact - working tools based on NFE methodology in cyber bullying prevention and education - strategies about community key stakeholders' involvement - national contexts and gaps in addressing cyber bullying phenomenon
- Skills - ability to apply the knowledge gained in supporting/guiding youngsters victims of cyber bullying phenomenon, to educate others on cyber bullying through creation of training plan and learning about different educational tools, to raise awareness of appropriate online behavior towards others as well as about consequences related to cyber bullying, to identify ways to manage and prevent intended and unintended cyber bullying behavior through knowledge of different non formal education methods, to empower peers with tools/resources and strategies that protect youngsters against cyber bullying through transfer inside and outside their organizations.
- Attitudes/behaviors - intercultural awareness resulted from the multicultural learning environment, digital citizenship awareness and development as well as leadership for digital citizenship, personal development, positive attitude towards responsible use of technology

### RULES AND PRINCIPLES OF THE ACTIVITY FOR THE PARTICIPANTS

1. Answering the requirements of the sending and receiving organizations accordingly and respecting the deadlines for each task/activity;
2. Attendance at the mobility, including individual activities for the preparation and follow up;
3. Following the set of rules of behavior inside the group during the mobility;
4. Complying with all safety and protection instructions issued by the International Center for Education and is directly responsible for injury / accidents in the event of non-compliance;
5. Complying with the COVID 19 protocol established and communicated by the host organization, as well as the conditions of entry and exit on / from Romanian territory and origin country;



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6. Complying with the recommendations, limits and travel restrictions imposed by the competent Romanian and Own national authorities regarding measures to prevent and combat COVID19;
7. Undertaking to constantly consult the website of the Ministry of Foreign Affairs regarding the conditions of travel in Romania, as well as the conditions of return to origin country consulting official sources from the origin country; in this case, the participant undertakes to verify the conditions and to submit the documents / tests requested by the carrier or the competent authorities.

**PREPARATION OF THE PARTICIPANTS FOR THE MOBILITY**

Under the supervision and support of the receiving organization, each partner organization will:

1. Collect application forms from each participant;
2. Collect learning agreements from each participant;
3. Inform the participants regarding the project and the mobility program;
4. Organize Informal workshop about the E+ and its opportunities - offering guidance to identify their learning objectives during the initial evaluation process;
5. Add the participants in the Facebook group or the project:  
<https://www.facebook.com/groups/492326155163155>
6. Inform the participants about the regulations and procedures applicable to the mobility activity, including COVID19 measures and restrictions;
7. Ensure the participants comply with COVID19 protocols, restrictions and measures available in the hosting and origin countries;
8. Support youth workers in Task related preparation:
  - youth workers must be prepared to make the presentation of their organization;
  - each national group of selected youth workers will prepare a presentation which will cover types of cyberbullying faced in youth workers community, how is cyberbullying addressed, which are the national policies, strategies and interventions developed in their countries. The presentations will be interactive, allowing participants to ask relevant questions, to debate about the presented findings by each group.



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**FOLLOW-UP**

- each national group of youth workers commits to disseminate the learning experience and ensure follow-up of the workshop through online channels and organization of information meeting with peers within and outside their organizations to disseminate the project and workshop results

**LOGISTICS****TRAVEL AND COVID 19 TESTS**

- Each partner will support the participants in making their travel plans which will be submitted for approval to International Center for Education to check compliance with budget and connections with local transportation BY.
- Travel plans of each group will be sent by 9 July 2021 to the following address: [educenterinternational@gmail.com](mailto:educenterinternational@gmail.com)
- Approved budget:

Country	No. of participants	Budget per participant	Total
Norway	4	275 E	1100 E
Georgia	4	275 E	1100 E
Italy	4	275 E	1100 E
Armenia	4	275 E	1100 E
Turkey	4	275 E	1100 E

- It will be reimbursed 1 molecular test (PCR type) or antigen capture (according to the official regulations) per participant;
- Each participant must inform in advance about the necessity of COVID19 testing for travelling to/from Romania as well as the cost incurred by e-mail at [educenterinternational@gmail.com](mailto:educenterinternational@gmail.com);
- Each participant is responsible to check constantly the conditions of travelling to/from Romania and ensure they comply with them.



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#### **REIMBURSEMENT RULES:**

1. \*\*\*Note – just 1 travel day is budgeted so the participants will seek to arrive on 08.08.2021 in the evening and leave on 15.08.2021 in the morning (if informed in advance it is possible to leave on the 14.08.2021 in the afternoon/evening, after the activities).
2. Participants will seek to purchase flexible flight tickets as well as airlines that ensure the reimbursements in case of cancellation/change of flights.
3. The participants will present the travel itinerary to the organizer before purchasing the travel tickets to check compliance with distance band, by **9 July 2021** at the following address: [educen-terinternational@gmail.com](mailto:educen-terinternational@gmail.com)
4. The participants will receive the reimbursement for travel and COVID 19 test after the mobility after all the documents have been received in original, through bank transfer only to the sending organizations.
5. Each participant must present to the coordinator the travel and COVID 19 testing documents in original: receipt/invoice of the COVID 19 test, plane tickets, boarding passes, invoices, bus tickets, and train tickets. It is preferable to have round trip tickets, if not possible each participant is committed to send the returning originals by post, after the mobility in maximum 10 days after the end of the mobility, at the following address:

**Centrul International pentru Educatie, str. 16 February, nr.8, bl.8, ap.2,**

**Targu Jiu, Gorj, Romania, Post code: 210134**

#### **POSSIBLE ROUTES TO GET TO TARGU JIU**

The closest airport to Targu Jiu are in Bucharest – Henri Coanda International Airport <http://www.bucharestairports.ro/> and Craiova - Craiova airport <http://www.aeroportcraiova.ro/>

**From Bucharest Airport you can come to Targu Jiu by train or by bus:**

1. If you choose the train you need to get the train from the airport to Gara de Nord rail station, please access the following link to see the available trains and hours - Once you get to Gara de Nord, you need to take the train to Targu Jiu, here it is the link where you can see the offer and book your tickets: <http://www.cfrcalatori.ro/en>
2. If you choose the bus you need to take the bus 783 until Piata Unirii 2 station, then take the subway from Piata Unirii 1 station to Pacii station. Once you get of the subway there is Autogara Militari where you can take the bus. Here it is the bus schedule: <https://www.autogari.ro/curse?pid=643&did=267&zi=2021-08-08&pas=1-0-0-0-0>



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**!!! Most busses need to make reservation in advance, so if you choose this option please inform us to make the reservations for you.**

From Craiova Airport you can come by train or by bus:

1. If you choose the train, you need to take a taxi from the airport to Craiova railway station (Gara Craiova). Here you can see the available trains: <https://www.cfrcalatori.ro/en/>
2. If you choose the bus you need to take a taxi from the airport to Autogara Craiova. Here you can see the available buses: <https://www.autogari.ro/course?pid=252&did=267&zi=2021-08-08&pas=1-0-0-0-0>

**!!! Most buses need to make reservation in advance, so if you choose this option please inform us to make the reservations for you.**

#### LOCAL TRANSPORTATION IN TG-JIU

1. Buses – in Targu-Jiu there are regular buses that takes you to any point of the city. The ticket price is 2 Ron (one way).
2. Taxi – price per km is 2.5 RON.

#### ACCOMMODATION

- Costs for accommodation and meals will be covered by the host organization.
- Participants will be accommodated at Hotel Palace, in single/double/triple rooms.

<https://www.facebook.com/palaceeventsandhotel.restaurant>

#### Contact details:

WhatsAPP also - +40772255476/+40767061637

<https://www.facebook.com/groups/492326155163155>

[educenterinternational@gmail.com](mailto:educenterinternational@gmail.com)

<http://www.internationaleducenter.org/>



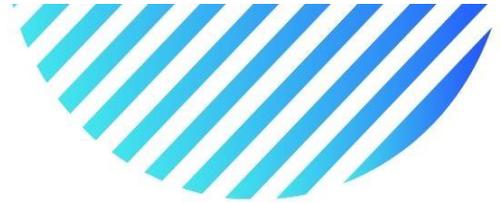
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# INTERNATIONAL CENTER FOR EDUCATION

## Training & Research

**self development**  
**entrepreneurship**  
**social inclusion**  
**career guidance**  
**eurocitizenship**

## Erasmus+

## Projects & Courses

## Training Programs for

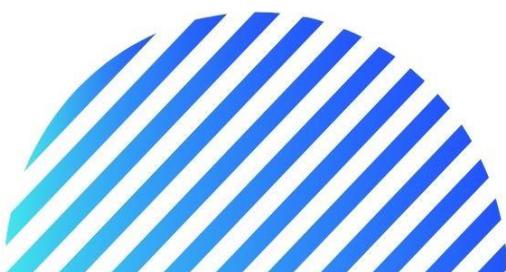
**YOUTH**

**PARENTS**

**TRAINERS**



International  
**EDU** Center



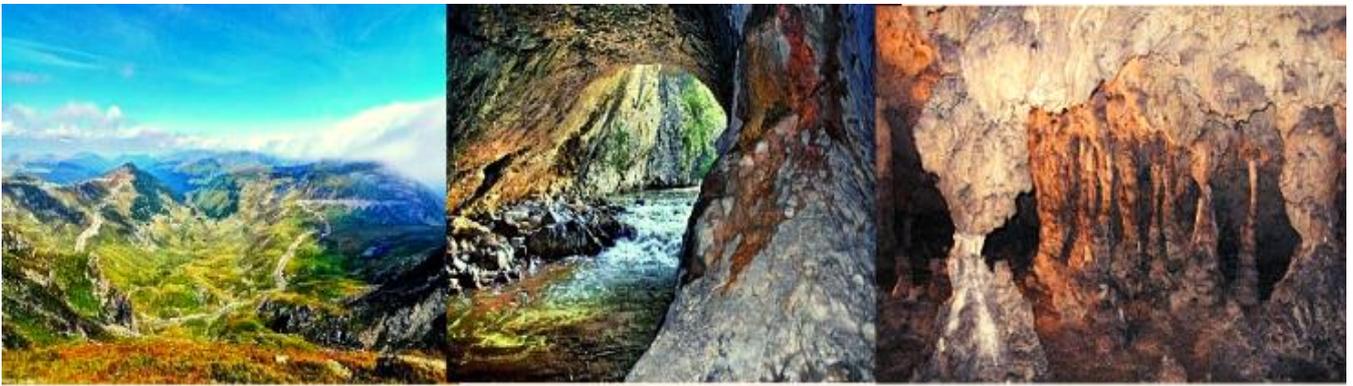


**International Center for Education** is an organization established in 2009, active in the field of Education.

**Our mission** is to support Education and to contribute to the holistic development of children, young people, parents, teachers and other actors with a role in education, for harmony and well-being in society.

**Contact details:**

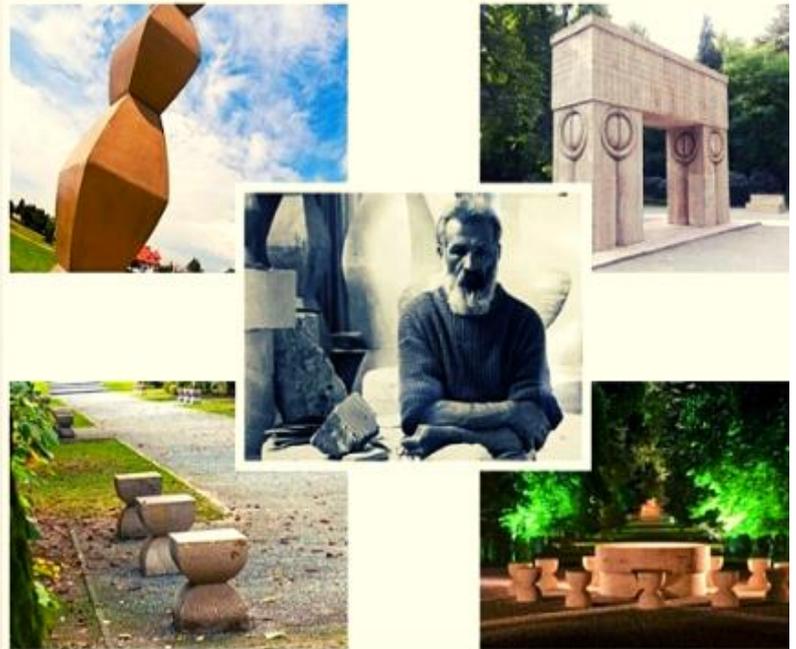
**Main Headquarter:** Str. February 16, No. 8, Ap.2, Targu-Jiu, Romania  
**Secondary headquarters:** Str. Carpatilor, No.24, Ap.67, Brasov, Romania  
[www.internationaleducenter.org](http://www.internationaleducenter.org)  
[www.facebook.com/InternationalEduCenter.org](https://www.facebook.com/InternationalEduCenter.org)



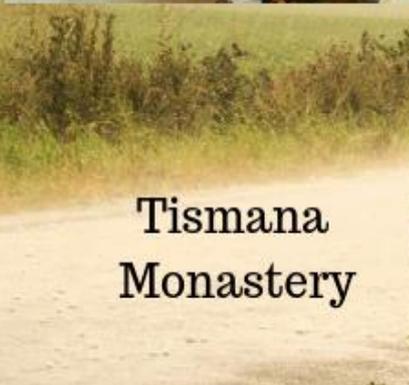
Caves and keys in the mountain area close to the city

Brancusi's Masterpieces: Endless Column, Kiss Gate, Silence table

# WHAT CAN YOU VISIT IN TARGU JIU AND SURROUNDINGS



Village Museum



Tismana Monastery

