

CRAFTASTIC

YOUTH EXCHANGE ♦ ROMANIA
23 JULY - 1 AUGUST 2021

ABOUT THE PROJECT

ENVIRONMENTAL ISSUES

ENTREPRENEURSHIP INITIATIVES

PREPARE
YOUR
LUGGAGE

ASIRYS SUPER TINERI NGO





ABOUT THE PROJECT

information about the topics

Craftastic is an 8 days youth exchange, held in Târgu Frumos, Romania, from 23rd of July until 1th of August 2020, involving 42 participants, aged between 18 and 30, from 8 countries: Romania, France, Estonia, Italy, Spain, Portugal, Greece, and the Czech Republic. The topics addressed by the project are: environmental protection, recycling (especially plastic), and entrepreneurship. The aim of the project is to inform 42 young Europeans about the necessity of plastic recycling and the entrepreneurial opportunities resulting from the recycling of waste. The objectives of this mobility are:

- ◆ To develop entrepreneurial skills among 40 young people from 8 countries through participation in activities of making 500 young people from 8 countries aware of the effects of plastic pollution on communities, families, and on themselves;
- ◆ To create and promote concrete ways in which youngsters can recycle through the planning and implementation of a creative marketing campaign during the project;
- ◆ To promote environmental protection among 500 young people from all 8 communities involved by organizing at least 2 events in each country.

PANDEMIC CONTEXT

Due to COVID-19 pandemic, some of the activities need to be restructured and new rules have been added to the project, as well as some suggestions. Since we have to be extremely careful during this period, we advise you to go through this section thoroughly and to take into consideration all of our information.



1 HEALTH INSURANCE

It is mandatory to have private health insurance or/and a European Health Card for the duration of this project. European Health Card can be obtained for free from your country, the private insurance can be covered from the travel costs if these are not exceeding the limits (check the travel costs limits for your country!). In case you exceed the travel costs, you will need to cover the private insurance from your own budget. Just in case your country gets in a red/yellow list of Romania, and you are not vaccinated, you will need to have a negative PCR test, before travelling. We will keep you updated!

2 SAFETY PROCEDURES

The European citizens can travel to Romania without quarantine. Nevertheless, the participants coming from countries with a higher rate of Covid-19 infections than Romania will be necessary to have the full scheme of vaccine or a 72 h negative PCR test. The updated list of red/yellow/green countries is here: <http://www.cnsrbt.ro/index.php/liste-zone-afectate-covid-19>. We will anyway keep everyone informed!

3 DURING THE PROJECT

The activities that imply interaction with other people outside the group will be reduced to a minimum for the safety of the participants. The participants will be accommodated with their teammates in double/triple rooms. Everybody will be provided with safety masks and disinfectants. We will ensure as much as possible a safe environment.

4 UP TO DATE INFORMATION

The hosting organization will organize a Zoom meeting with all the leaders before the mobility to discuss the final aspects of the pandemic, answer participants' questions, and present the actual situation in Romania.

IMPORTANT: We can't postpone the project anymore. Currently, all partners can send groups without any restrictions.

5 TRAVELING

Before purchasing, it is mandatory to check the traveling itinerary with the hosting organisation. It is recommended to buy direct tickets. Partners are requested to help each participant in purchasing the tickets and support the group's needs regarding this aspect. We suggest you buy insurance that covers the tickets. If the trip is canceled, we will not be able to cover the costs.



PARTICIPANTS' PROFILE

We are searching for 5 participants from each country (4 participants and 1 team leader) aged between 18 and 30. Since the topic of the project is environmental issues and entrepreneurial spirit, we are expecting that every participant will show genuine interest in the subjects that we are going to discuss. The participants need to:

- have minimum competencies in expressing themselves in English, especially talking and communication with other people (it is not a must, as long as other people from the group are more experienced in talking in English, this competence can be developed during the project);
- have previous experience in environmental activities/projects or is willing to learn more about this topic;
- have skills/competencies/studies or like to express themselves through different types of art or are doing handmade objects;
- want to start their own business and are interested in being sustainable or want to learn more about environmentally friendly alternatives;
- like being challenged and are interested in discovering more about different cultures, traditions, and lifestyles;
- want to develop their competencies, to learn how to work in a big international group, and to find more information about the Erasmus+ program;
- be active, responsible, and willing to engage and be involved in every activity of the project, contributing with personal experience, ideas, and opinions;
- be interested in volunteering activities and personal development;
- ♦ the **team leader** should have previous experience in Erasmus+ projects, with leadership, managerial, and good English competencies.

Participants with fewer opportunities are encouraged to apply for this project. During the activities, we will make sure that everybody will be equally engaged in the mobility and no differences will be taken into consideration. We promote diversity, team spirit, and equality.

IT IS MANDATORY TO PARTICIPATE IN ALL THE ACTIVITIES OF THE PROJECT.

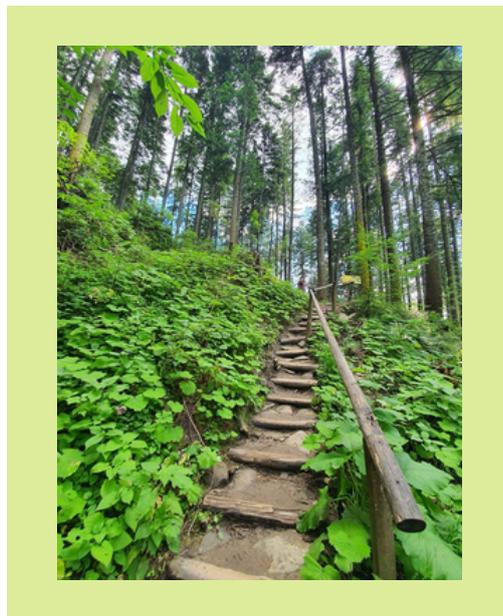
Participants have to fill in the following **application form**: <https://forms.gle/1f2cKirdEuhpcUgSA> until 9 July 2021. On 10 July 2021, we will organize an online meeting with the leaders.



SCHEDULE

The program of the project will consist in 8 days of activities divided in 4 sessions a day, with a 30 minutes coffee break between each other and 2.5 hours lunch break. There will also be 2 traveling days (arrival and departure days), which means a total of 10 days of project.

Down below we present you a very brief program of the project that you will receive with more details in a future online meeting. We will also discuss each session at the beginning of the project.



| | |
|--------------------------------|---|
| Day 1 23 July 2021 | Arrival day – dinner together, get to know each other |
| Day 2 24 July 2021 | Introductory day: explanatory activities about Erasmus+, the projects' topic, teambuilding and get to know each other activities. |
| Day 3 25 July 2021 | Activities about the environment topic, study case, practices from each country and forum theatre. |
| Day 4 26 July 2021 | Sharing of recycling methods, discussing with special guests and planning of Enterprise Hub Exercise on environmental protection |
| Day 5 27 July 2021 | Preparing of Enterprise Hub Exercise – business & recycling |
| Day 6 28 July 2021 | Preparing of Enterprise Hub Exercise – business & recycling |
| Day 7 29 July 2021 | Event of Enterprise Hub Exercise results and preparing dissemination materials |
| Day 8 30 July 2021 | Local community visit |
| Day 9 31 July 2021 | Final day with final evaluation, follow-up activities, YouthPass ceremony |
| Day 10 1 August 2021 | Departure day |

Every day will include an evaluation session, for which the participants will be given the time to fill in a personal diary with the most important parts of the day, what they have learned, and other personal development aspects that they need to keep in mind for the YouthPass activity. Every participant will receive a YouthPass certificate that is mandatory to be completed in an extended version on the last day of the project. We will include in the program a trip to Iași - the cultural capital of Romania - <https://youtu.be/FDUllw4xVFY>.

There will also be intercultural evenings at the end of some days, where countries have to present their traditions, food and different information.

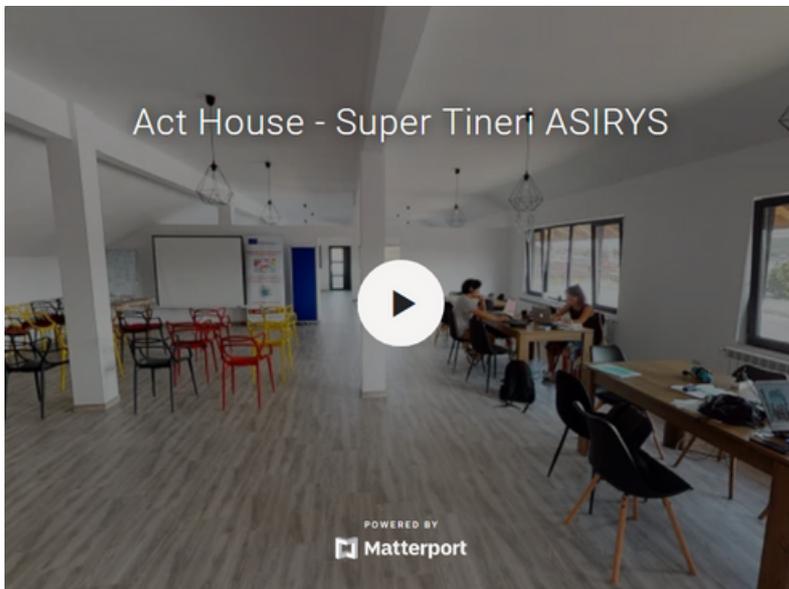
Besides that, there will be evenings with different activities (for example TEDx night) according to participants' suggestions.

ACCOMODATION & VENUE

Hotel Central ♦ Târgu Frumos ♦ ROMANIA

The venue is a hotel located in Târgu Frumos, Romania, named Han Hotel. Târgu Frumos is a small and vivid town, surrounded by hills and nature, where 30% of the population are children and youth. The accommodation will be at the hotel, and the activities will take place at our youth center:

<https://my.matterport.com/show/?m=qfesimaqz6c&>



Facebook:

<https://www.facebook.com/Han-Targu-Frumos-101430138292398>

Directions:

Hotel: Str. Petru Rareș, no. 20, Târgu Frumos 705300

Youth Center: Str. Cucuteni, no. 8, attic, Târgu Frumos, 705300

The activities will be held in our youth center, but also in different places in the town or villages around. The Youth Center where we will organize the sessions is 10 minutes walk from the hotel. There will be several facilities for you to have a better and safe staying: washing machine for your clothes (you have to pay a tax for that), washing and disinfecting your safety masks (if you have a reusable one) and also, you can make requests for the breakfast (if you have any wishes, there will be a list where you can write what you want to eat in the morning).

We suggest you bring your own masks or disinfectant if you feel like there is something that suits you the best and/or you want to use your own safety products.

In the dormitory, you will stay in the room with your teammates, but we may have some mixed groups if there are requirements in your own country to stay divided by gender.

TRAVELING AND REIMBURSEMENT

There are multiple ways to arrive in Târgu Frumos, it depends on the airport that you will land on.

1

- If you arrive in Bucharest (Otopeni), then you can take a direct bus from airport to Târgu Frumos. There are 3 companies: massaro.ro, teisa.ro, apetrans.ro.

Bucharest - Târgu Frumos

2

- If you arrive in Cluj Napoca, we suggest you take the train to Târgu Frumos. Check the connections here: mersultrenurilor.infofer.ro. Only the IR train can be booked online, the R only from the train stations.

Cluj Napoca - Târgu Frumos

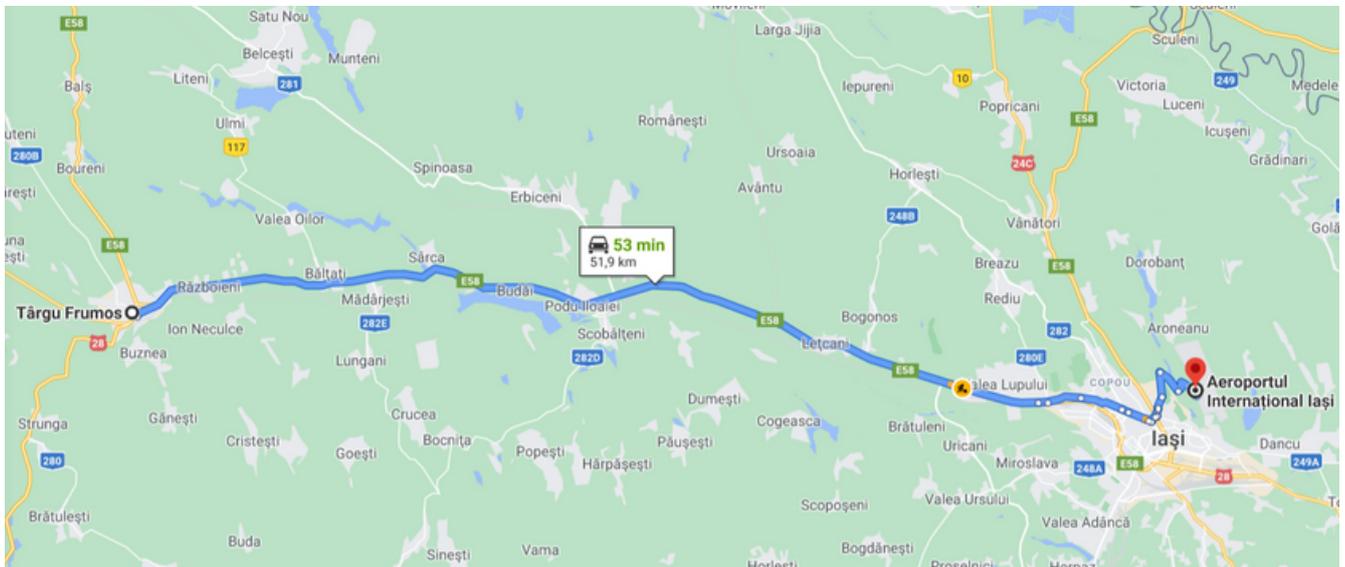
There are other airports in Romania, if you find another route, let us know! The closest airports to Târgu Frumos are Iași Airport, Bacău Airport and Suceava Airport. But lately, the flights were often canceled, so we suggest traveling through Otopeni (Bucharest).

It is really important that you tell us via social media, the group that we created for the project, email, or notify your NGO, what routes you decided to take!

If you need help in buying the most suitable tickets, don't hesitate to contact us and we will try to help you to find the best ways of reaching the project's location.

3

If you arrive in Iași, there is a direct bus/train to Târgu Frumos
Iași > Târgu Frumos



This is the site from where you can check the **trains**:

<https://www.infofer.ro/index.php/ro/>

This is the site from where you can check the **buses**:

<https://www.autogari.ro/>

Keep in mind that you have to keep ALL the tickets and boarding passes, so we can reimburse you the money that you spent on traveling. You have to use the cheapest option possible, taxi/Uber is not eligible for reimbursement, and if you want to stay in Romania more, you have to ensure the costs for yourself. You can stay in Romania for 5 more days, so the traveling costs are eligible.

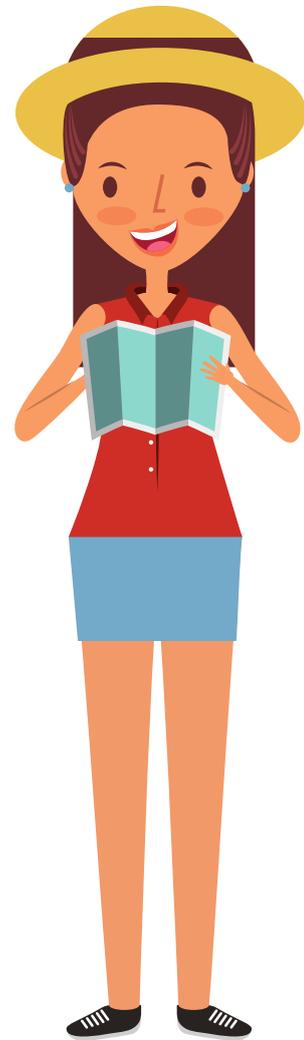
We suggest you buy your tickets online. If you need cash, you can use any bank ATM or use the exchange offices of the banks. Also, try to travel in groups, in case of delays or changes, traveling with a group makes it easier to find solutions and deal with emergencies. Once again, it is important to buy insurance that covers your tickets too.

You can find your own itinerary if there is something more suitable for you, but **inform us about the route that you are going to take and your NGO as well!**

Travel costs will be reimbursed up to:

1. Czech Republic - 275 euro * 5
2. Estonia - 275 Euro * 5
3. France - 275 Euro * 5
4. Greece - 275 euro * 5
5. Italy - 275 euro * 5
6. Spain - 360 euro * 5
7. Portugal - 360 euro * 5

The reimbursements will be made in the partner organization bank account that will share the funds to their participants. The costs will be covered after receiving all the documents from the participants (within 2 months maximum). Also the participants must submit a short report of the dissemination activity (online or offline) made in their own community based of the project results.



WHAT TO BRING

WHAT TO PREPARE

BEFORE THE PROJECT PREPARATION



Every national team has to prepare for the youth exchange before the project itself takes place. This preparation includes:

- 1-2 good examples from the local community or regional/national level regarding recycling or/and entrepreneurship initiatives/activities/projects. This means that the team will present these examples and why they are important for making a positive impact in the community.
- 1-2 methods of recycling different materials, especially plastic. The participants have to make sure that they have photos, videos, and a good explanation of the process and the final results.
- Intercultural night preparation: food, traditional clothes, a presentation, dances, traditions, etc. that are specific to each country.

During the day, the temperatures can be around 30-32 degrees, while in the evening could occur strong rains. Check the weather online before packing your suitcase.

Bring comfortable clothes for hot weather, good sporty shoes because we will move a lot and have outdoor activities, toiletries, medicine if you need any and your personal safety masks and other things that you need in order to ensure your own safety.

ABOUT SUPER TINERI ASIRYS

Super Tineri (ASIRYS) Association is a non-profit and non-political organization, established in 2009 in Romania, which aims to develop communities through active participation, volunteering, cultural and non-formal education.

Vision of ASIRYS: to engage citizens, especially youth, in order to develop them into leaders of positive and sustainable change for their communities.

Mission of ASIRYS: to support the development of small communities.

ASIRYS is one of the most active youth and community development association from North-East Romania, and has an important portfolio of good practices in volunteering, non-formal education and European cooperation.

ASIRYS worked with Youth in Action, Erasmus +, Leader, Norway funds, and different national grants. In the last 12 years, ASIRYS organized more than 300 projects in partnership with European organizations and implemented 25 international projects in Romania.



PRACTICAL INFORMATION

contact:

For any questions, issues, or further information, you can find us:

- Facebook: www.facebook.com/ASIRYS/
- Instagram: www.instagram.com/supertineri/
- Email: office@supertineri.org
- Facebook group of the project: www.facebook.com/groups/yecraftastic/
- Mihaela Podariu – coordinator Romania: +40746065744

currency:

Our currency is LEU or RON. 1 euro is 4,85 LEI. In the airport 1 euro is 3 LEI, the best is to exchange in a bank office or pay with the card.



Save the Date

ROMANIA IS WAITING FOR YOU!



Useful links before coming to Romania:

ABOUT CORONAVIRUS

- https://ec.europa.eu/programmes/erasmus-plus/resources/coronavirus-impact_en
- <https://reopen.europa.eu/ro/>
- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

ABOUT ROMANIA

- <https://www.boredpanda.com/romania-travel/>
- <https://www.thebravedame.com/what-you-should-know-before-you-travel-to-romania/>

ABOUT TÂRGU FRUMOS

- <http://www.romania-travel-guide.com/attractii/istorice/conacele-din-zona-targu-frumos.html>