

EVS Volunteer

VOLUNTEER FOR SPORT AND HEALTH ACROSS GENERATIONS

INFO PACK

momentum WORLD
EDUCATION AND TRAINING



Erasmus+

ITO

RUGBY

September 2019 - July 2020,
KESWICK, UK



INTRODUCTION - WELCOME



Momentum World is a not for profit international education and training provider based in the UK. Our mission is to enhance the career prospects of young people. Our aims are:

- To inspire young people and develop their employability.
- To increase young people's understanding of global issues, and access to international projects.
- To facilitate employment opportunities and career pathways.
- To add value to formal education.
- To promote intercultural understanding and inclusion

Alongside these aims, we are now working within 4 strategic themes reflecting both our knowledge and expertise as an organisation, and the types of partnerships we have developed over the last 10 years. All our projects now support one or more of these themes:

- Reducing social isolation
- Employability
- Intercultural learning and heritage
- Digital media

We have a strong track record in all these areas, working across formal and non-formal education. Our courses encourage young people to develop internationally transferable / transversal skills for employability. We emphasise progressive personal development through long term engagement with young people. For this reason, partnership with other organisations is important to us. We work with schools as well as non-formal youth groups.

We have extensive experience in partner building, youth exchanges, training courses for youth workers, policy dialogue and conferences, and a wide range of thematic projects on inclusion, special education, outdoor education, film and media, leadership, and more. We have organised or been partners in well over 100 European projects, including all Key Actions of Erasmus+. Our international partner network and project experience extends to more than 30 countries in Europe, Africa, Latin America and Asia. We regularly advise other organisations on how to manage international projects and apply for funding. In December 2018 we ran a partner-building activity "EVS and Beyond" specifically to prepare for future cooperation across Europe in the framework of the European Solidarity Corps. The website of the PBA will now continue to be developed as a platform for partnership, opportunity and dissemination. See <http://www.solidarityuk.org>

We specialise in the use of film and digital media as inclusive learning tools for young people. Most recently, we have pioneered the use of 360 degree virtual reality filming to produce training materials for youth workers, funded by Erasmus+. Working with partners in Poland and Italy, this is the first ever project to use VR technology for non-formal education. For further details please see: <https://europeantrainings.wixsite.com/youthwork360>



Dear Future Volunteer,

Thank you for taking the first step into your new adventure, you have already taken one of the hardest steps and that is actually applying.

In this info pack you will have all the information about the upcoming 10 month EVS placement that we will take place in KESWICK, a town in the north of the beautiful lake district here in the UK.

You will have the opportunity to develop your skills, grow as a person, learn independence, live the British culture and make an impact in the local and wider community.

Sounds fun? Come and join our team and let us help you on your new and exciting volunteer adventure.

Momentum World Team!!!



WHAT WILL YOU DO?



This volunteering opportunity offers the chance to experience interesting and rewarding work in a professional but fun environment. Volunteers would be part of the delivery of the Active Keswick concept working with others to deliver programmes to all ages, abilities and genders across a range of activity areas including sport and outdoor education.

Specific training in activity delivery including coaching badges paid for by Keswick RFC; Assisting more experienced coaches and trainers delivering activity programmes including all sports; Helping to deliver primary school introduction to rugby courses; Assisting organisation of sports festivals; Working with the organising committees on fundraising events; On going workshops on healthy living and active lifestyle; Gradual increase in responsibility through further training to enable volunteers to lead on activities; Assistance with club administration and hospitality to visitors where appropriate; Intercultural and social occasions; Open days meeting local people and community events; Opportunities to develop volunteers own project ideas.

WHEN AND WHERE?

The project will take place over 11 months in and around the Northern town of Keswick.

Keswick is a market town in northwest England's Lake District National Park, surrounded by mountains like Skiddaw. In town, The Cumberland Pencil Museum documents the history of pencils, and the Keswick Museum & Art Gallery displays local artefacts. On a hilltop east of town, Castlerigg Stone Circle dates back to the Neolithic era. Vast Derwent Water lake is south of town, with boat tours and the Theatre by the Lake.

The project will start in September 2019 and finish in July 2020.





During the project there will be several people involved these include:

Coordinating organisation: Momentum World - they will be organising your stay in the UK and supporting your journey across the 10 months.

Hosting organisation: This is will be the organisation that you will be working with on a daily basis. They will be responsible for your working schedule and work time

Mentor: This will be someone to help support you throughout your journey and guide you through a learning process.

Sending organisation: This will be an organisation in your home country that will prepare you prior to your EVS and also will arrange your volunteer insurance.

Europeers UK: This is a UK network of young people who support the promotion of Erasmus Plus and the opportunities that you can do.

WHO IS INVOLVED?

WHAT DO YOU GET?

Accommodation: You will have your own room in a shared flat in the town of Keswick. There is a shared kitchen, 2 bathrooms and a nice sized living area. The flat is walking distance of the shops and surrounding areas.

Food and pocket money: You will receive £200 per month for your food allowance and £120 per month for your personal allowance. We will help you to set up a bank card to receive your money (usually Pockit)

Insurance: You will have CIGNA insurance that comes as standard through the EVS programme. Your sending organisation will arrange this.

Travel reimbursement: we will return you the money for your travel to and back from the project. Keep in mind we will return the money up to the limit, which depends on the distance of travel (the limit is for both ways):

100 and 499 KM: EUR 180

500 and 1 999 KM: EUR 275

2 000 and 2 999 KM: EUR 360

You can always check which category you are using a travel distance calculator: https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Skills and knowledge: We aim to give you a lot of new skills and experience during your EVS placement and we will work to a learning development plan to ensure that your needs are met. These volunteer placements will offer new knowledge, skills and competences to the volunteers, including:

- Improved English language skills
- Teamwork experience
- Communication and interpersonal skills in a variety of contexts
- Knowledge and understanding of ecology, environmental education and related work areas
- Practical skills in environmental management, forestry etc
- Leadership skills
- Organisational and administrative skills
- General professionalism through daily work experience
- Understanding the reality and requirements of a regular working schedule
- Intercultural understanding (appreciation of other cultures and ability to express and share their own)
- Increased motivation and self confidence
- Self organisation and ability to live independently
- Problem solving





HOW TO APPLY?

Now you have heard more about the project, this is how you apply;

1. CV - we will need an up to date CV so we can get to know you and your experiences
2. Motivation letter - we would like you to write a motivation letter to show why you would like to join the project and tell us more about your interests.
3. Skype interview - once we have received your CV and motivation letter we will invite you for a Skype call so we can get to know you more.
4. Final selection and journey to the UK - once we have made our selection we will inform you and then start to make arrangements for your journey to the UK.

CV and motivation letter to be sent to:
ben@momentumworld.org



Organisation:

MOMENTUM WORLD

Address:

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EVS info:

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CONTACT



We look forward to
inviting you to
KESWICK, UK!!

